

**From:** [Freedman, Lori](#)  
**To:** [E-OHPSCA2713.EBSA](#)  
**Subject:** Comment on Interim Final Rules for Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services; etc. (Document ID HHS-OS-2010-0018-0001)  
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Dear HHS Secretary Kathleen Sebelius,

Contraception is one of the most important preventative health measures women of reproductive age (15-44) will need. Please do not put the burden on American women of seeking and paying for these services out of pocket. California has demonstrated through numerous studies of the Family Pact program the contraception is a worthwhile investment! It saves millions, billions of healthcare dollars. And women can live with some peace of mind being able to control timing of childbirth and more effectively avoid abortion. The majority of women contracept. Leaving contraception out is arcane, please reconsider!

Lori

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